

| CLASS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------|------------------------------|-------------------------------|--------------------------------|-------------------------------|------------------------------|
| SILVER SNEAKERS | | 10:00-10:45AM DANCE STUDIO | | 10:00-10:45AM DANCE STUDIO | |
| ENHANCED FITNESS | 9:00-10:00AM DANCE STUDIO | | 9:00-10:00AM DANCE STUDIO | | 9:00-10:00AM DANCE STUDIO |
| LINE DANCING | | 1:15-2:15PM SOCIAL HALL | | | |
| OPEN GYM VOLLEYBALL | 9:00AM-12NOON GYM | | 9:00AM-12NOON GYM | | 9:00AM-12NOON GYM |
| YOGA | | 6:00-7:00PM CLASSROOM B | | 6:00-7:00PM CLASSROOM B | |
| TAI CHI | 6:00-7:00PM DANCE STUDIO | | 6:00-7:00PM LOCATION VARIES | | |
| SENIOR STRENGTH | 8:15-9:00AM DANCE STUDIO | | 8:15-9:00AM DANCE STUDIO | | |