JUNE 2022

Let's Move, # Tukwila

Find us on Facebook

GROUP FITNESS CLASSES

GROUP POWER · YOGA · R30 · GROUP CENTERGY · GROUP RIDE · barre

SUN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 GROUP POWER 9:00a GROUP RIDE 5:30p GROUP CENTERGY 6:30p	**2** YOGA 12p GROUP POWER 5:30p	**3** barre 10:00a	**4** GROUP POWER 7:30a R30 8:40a GROUP CENTERGY 9:15a
5	**6** GROUP POWER 12p GROUP RIDE 5:30p GROUP CENTERGY 6:30p	**7** YOGA 12p GROUP POWER 5:30	**8** GROUP POWER 9:00a GROUP RIDE 5:30p GROUP CENTERGY 6:30p	**9** YOGA 12p GROUP POWER 5:30p	**10** barre 10:00a	**11** GROUP POWER 7:30 R30 8:40a GROUP CENTERGY 9:15a
12	**13** GROUP POWER 12p GROUP RIDE 5:30p GROUP CENTERGY 6:30p	**14** YOGA 12p GROUP POWER 5:30p	**15** GROUP POWER 9:00a GROUP RIDE 5:30p GROUP CENTERGY 6:30p	**16** YOGA 12p GROUP POWER 5:30p	**17** barre 10:00a	**18** GROUP POWER 7:30 R30 8:40a GROUP CENTERGY 9:15a
19 Father's Day	**20** **CLOSED in observance of** JUNETEENTH FREEDOM DAY	**21** YOGA 12p GROUP POWER 5:30p	**22** GROUP POWER 9:00a GROUP RIDE 5:30p GROUP CENTERGY 6:30p	**23** YOGA 12p GROUP POWER 5:30p	**24** barre 10:00a	**25** GROUP POWER 7:30a R30 8:40a GROUP CENTERGY 9:15a
26	**27** GROUP POWER 12p GROUP RIDE 5:30p GROUP CENTERGY 6:30p	**28** YOGA 12p GROUP POWER 5:30p	**29** GROUP POWER 9:00a GROUP RIDE 5:30p GROUP CENTERGY 6:30p	**30** YOGA 12p GROUP POWER 5:30p		